

IMPORTANT NOTICE

To All Patients Receiving Sedation

If you are receiving sedation or general anesthesia with your procedure:

- Your procedure will be canceled if you fail to have a responsible driver to take you home.
- If you have a general anesthetic, you are required to have someone stay with you through the first night.
- If you received general anesthesia and fail to have a driver to take you home AND someone to stay with you overnight, you will be transferred to the hospital by ambulance.
- This admission to the hospital is NOT covered by insurance and you will be fully responsible for payment of the bill.

We care about



IN CASE OF EMERGENCY

If you have an emergency, please contact the nearest hospital emergency department or call 911 for assistance.



941 745-2727

601 MANATEE AVENUE WEST BRADENTON, FLORIDA 34205 FAX 941 745-2112

Welcome

WELCOME TO MANATEE SURGICAL CENTER

Thank you for choosing Manatee Surgical Center for your child's procedure. To ensure the best outcome, it is very important that you and your child follow some very specific instructions.

After carefully reading the following information, if you have specific questions prior to your child's procedure that are not answered here, please ask your physician, or call the Pre-Op nurse at Manatee Surgical Center, 941-745-2727. Our hours are Monday through Friday, 6 a.m. - 5 p.m.

If you have any questions or concerns while your child is in our care, we encourage you to ask any member of our team. We will be happy to answer your questions or to assist you.

YOUR PRE-OP VISIT

Before your child's surgery, you are strongly encouraged to visit the Manatee Surgical Center to meet our team of professionals and to become familiar with our facility. When you come for the Pre-Op visit, be sure to bring your insurance card, parent or guardian's photo identification like a driver's license, and a list of medications your child is taking. You will also need to fill out and bring with you a form called "Pre-anesthetic Evaluation" which you will receive from your child's physician.

During the Pre-Op visit to the surgical center, you will receive specific instructions from our nursing team, you may meet your anesthesiologist, and you will have an opportunity to ask questions. Both you and your child will feel more comfortable and relaxed after the Pre-Op visit because you will know what to expect on the day of your child's procedure.

PREPARATION FOR YOUR CHILD'S PROCEDURE

To ensure that your child's procedure is as safe and comfortable as possible, some preparation is necessary.

After your Pre-Op visit to the surgical center, if your child develops a cold, cough, or fever, or if there is any change in the condition for which he or she is to have surgery, please call your physician at once.

The day before the surgery our Pre-Op nurse will telephone you to tell you the exact time that you need to arrive at the surgical center. If our nurse has not contacted you by day before your child's surgery, please call us at 941-745-2727.

During that call, the Pre-Op nurse will tell you at what time your child must stop chewing gum, eating, and drinking before the procedure. These instructions must be followed carefully. Serious complications can take place if the stomach is not empty during surgery.

If you have other children, please make child care arrangements for them on the day of your child's procedure.

At least one parent or guardian must remain at the surgical center the entire time your child is with us. Two adults may accompany the child; however, you may be asked to take turns if the Pre-Op area and/or recovery room are unusually crowded.

OUR HOURS

Manatee Surgical Center is open Monday - Friday, 6 a.m. - 5 p.m.



CONTACT BY OUR NURSE BEFORE YOUR **PROCEDURE**

If our nurse has not contacted you by 4 p.m. the weekday before your child's procedure, please call 941-745-2727.



HERE'S WHAT TO BRING TO YOUR PRE-OP VISIT

When you come for the Pre-Op visit about a week before the procedure, be sure to bring your insurance card, parent or guardian's photo identification like a driver's license, and a list of medications your child is taking.



To help make your child feel comfortable, consider bringing an age-appropriate drink, a pair of warm socks and a special blanket, toy or pacifier.



WHEN TO STOP EATING BEFORE THE **PROCEDURE**

The Pre-Op nurse will tell you at what time your child MUST stop chewing gum, eating, and drinking before the procedure. Serious complications can take place if the stomach is not empty during surgery.



Our colorful pediatric recovery room is equipped just for our little ones and decorated and furnished for the comfort of children and their parents.

We encourage you to bring with you to the surgical center a special toy, blanket, or pacifier which may help your child feel comfortable. A pair of socks for your child's feet may help keep him or her warm.

In addition, please bring an age-appropriate drinking cup or bottle filled with your child's favorite beverage. Apple juice is a good choice of beverage to drink after general anesthesia. Milk products are not recommended immediately after the surgery because milk may cause nausea and vomiting.

Dress your child in warm comfortable clothing or pajamas that are open at the waist and ankles and have no metal snaps. Remember to bring socks. Depending on the procedure, your child may be given a "hospital" gown to wear. Please bring an extra change of clothes in case of any accidents. Remove all jewelry your child may be wearing—including earrings and other body piercing jewelry. If your child wears diapers, please bring extra with you.



DAY OF THE PROCEDURE

Arrive at the Manatee Surgical Center at the time given to you by the Pre-Op nurse when she calls you the day before surgery. A map showing you the location of the center is on the back of this booklet.

Upon arrival, an office team member will greet you at the front counter and will review your paperwork. A nurse will then escort you and your child to the Pre-Op area, where you can stay with your child until it is time to move to the operating room.

In the Pre-Op area, heart monitoring stickers will be applied to the chest to monitor the heart, and an oxygen monitor will be placed on the finger or toe. The anesthesia provider will continuously monitor your child's condition during the entire surgery.

If an I.V. is necessary, it will usually be started after your child is asleep. It will be securely taped and an arm board will be used to help protect it. The I.V. will be left in place until just before your child is discharged.

When the surgical team is ready, your child will be carried or wheeled (age appropriate) into the operating room. At this time parents will be asked to wait in the lobby where a complimentary coffee bar is located. Your child's surgeon will speak to you immediately following surgery.

POST ANESTHESIA CARE UNIT (PACU)

Following surgery, your child will be taken to the Post Anesthesia Care Unit (PACU). Here nurses will carefully monitor your child until he or she wakes up from the anesthesia.

At the appropriate time, parents are brought to the child's bedside. Parents should expect to see their child awaken from anesthesia confused, disoriented, and angry. It is normal for the child to be cranky, cry, and kick. The bed rails are padded for this reason.

The PACU nurse may gently restrain the movement of your child until he or she emerges more fully from the anesthesia. In the majority of cases, the child will not remember this stage.

Your child's breathing, heart rate, blood pressure, and temperature will be monitored in the PACU. He or she may receive oxygen, and also medication for any discomfort. A warm blanket may be used to keep your little one warm.

While your child is emerging from anesthesia, it is important for parents to remain very calm and reassure the child that he or she is safe. Kind, loving words and touches are the best medicine of all. Be very patient and trust your medical caregivers.

The nurse may encourage your child to drink plenty of liquids and may offer juice or flavored crushed ice. The child's stay in the PACU normally averages from 30 minutes to two hours, depending on the procedure that was performed.



GOING HOME AFTER THE PROCEDURE

Your physician will provide you with post-procedure instructions regarding diet, rest, and medication. Your PACU nurse will review these instructions with you and will provide you a written summary to take home.

Stay with your child for at least 12 hours following the procedure and pamper him or her. It is normal for your child to feel drowsy after receiving anesthetic medication. Should an emergency arise after your child has been discharged, you should contact your physician, go to the nearest hospital emergency department, or call 911.

IMPORTANT NAMES, DATES AND TIMES

Physician's Name		
Physician's Telephone Number		
Anesthesiologist's Name		
Pre-Op Visit Date		
Time of Pre-Op Visit		
Date of Procedure		
Arrival Time		
Time to stop chewing gum, eating, and drinking		
PARENT'S CHECK LIST		
\square Nothing to chew, eat, or drink (including water) after specified time		
☐ Warm, comfortable clothing, or pajamas open at the waist and ankle with no metal snaps. Bring extra change of clothes.		
☐ Warm socks and special toy, blanket, or pacifier		
☐ Favorite beverage (no milk products)		
☐ Insurance card and parent's or guardian's photo identification		

☐ Filled out Pre-anesthetic Evaluation Form (supplied by your child's physician)



BE PREPARED

Have your child's prescriptions filled before the procedure so when you return home, you will have the medication available when he or she needs it.



It is normal for children to cry or kick while emerging from anesthesia. Loving words and calm reassurance from the parent are very helpful.

DON'T HESITATE TO CALL YOUR PHYSICIAN

If you have questions about your child's procedure, please contact your physician through his or her office or call our Pre-Op nurse at 941-745-2727.



WE'RE HERE TO HELP

Our business office team will be glad to assist you in filing the necessary insurance claims.



PATIENTS' RIGHTS

You have a right to receive, prior to treatment, a reasonable estimate of charges for your child's medical care.

QUESTIONS TO ASK YOUR CHILD'S PHYSICIAN OR NURSE		

Finances

FINANCIAL ARRANGEMENTS

Our business office team will be glad to submit the claim to your insurance company or Medicare for Manatee Surgical Center charges. Standard outpatient procedures are usually covered by your medical insurance or Medicare. You will receive separate bills from the Manatee Surgical Center, your physician, and your anesthesiologist. You may also receive a bill for any laboratory, pathology, or diagnostic services that your child receives.

Depending on your coverage, you may be asked for partial payment upon admission to the Center. We make every effort to inform you of this amount prior to admission. When you arrive for surgery, you should be prepared to pay all co-payments and your deductible if it has not been met.

For your convenience, we accept MasterCard, VISA, American Express, and Discover credit cards. We also accept cash, cashier's checks and money orders.

CareCredit is also accepted on the day of the procedure for Manatee Surgical Center charges greater than \$200 only; it cannot be used for anesthesia charges. CareCredit must be paid in person, however, the person's name on the card must be present when making the payment. Proper identification will be requested. We no longer accept personal checks at the time

of registration.

If we need additional insurance information, or if you need to make a payment at the time of the procedure, one of our business office team members will contact you prior to the procedure. He or she will collect necessary insurance information to assist with your registration process.

If you have not heard from us within 48 hours before your procedure, or if you have any questions regarding any of this information, please call us at 941 745-2727.



PHYSICIANS BY SPECIALTY

Anesthesiology

Dwyanne Brown, MD Kurt Slotabec, MD

Dentistry:

Cosmetic/Periodontology

Christie Eastman-Craighead, DMD Lindsay Eastman, DDS Douglas Jungman, DDS Allison O'Brien, DMD

Dentistry: General

Karl Lewis, DMD

Dentistry: Oral Surgery

David Christian, DDS Charles A. Tomeo, DDS Charles C. Tomeo, DDS

Dentistry: Pediatric

Catalina Botero, DDS LoanAnh Bui, DDS Mana Evans, DDS Mounika Falemban, DDS Debbie Grant, DMD

Andre Lewis, DDS George Meadows, DDS Bryan Morgan, DDS Dorothy Theogene, DDS

Facial Plastic Surgery

Sumeet Bhanot, MD Andrea Spellman, DO Harry Wright, MD

Gastroenterology

Kimberly Brizell, DO Michael Caire, MD Mark Dawson, MD Mark Kocab, MD Michael Papper, MD

General Surgery

Alvaro Bada, MD Riva Das, MD Paul Toomey, MD

Gynecology

Carla Chapman, MD

Ophthalmology

Andrew Hou, MD William McSwain, MD Daniel Pope, MD Dana Weinkle, MD

Otolaryngology

Michael Gurucharri, MD Brian Hoban, MD Axay Kalathia, MD Benjamin Kelley, DO Thomas Morrish, MD Agnes Nall, MD John Shelton, MD

Plastic Surgery

Robin Hamlin, MD Brandon Lambiris MD Jacqueline Royce, DO Anna Widmyer, MD

Podiatry

Lisa Griffith-Limon, DPM Marjory Jones, DPM

Vascular General Surgery Jenna Kazil, MD

ANY QUESTIONS?

If you have any questions regarding your procedure or any of the information in this booklet, please call your physician or Manatee Surgical Center's Pre-Op nurse at 941 745-2727.



Manatee Surgical Center has earned the Joint Commission's Gold Seal of Approval™

NOTICE OF PHYSICIAN FINANCIAL INTEREST

Manatee Surgical Center is owned by the following physicians.

Kimberly Brizell, DO Michael Caire, MD Mark Dawson, MD Michael Gurucharri, MD Brian Hoban, MD Axay Kalathia, MD Benjamin Kelley, DO

Mark Kocab, MD William McSwain, MD Thomas Morrish, MD Agnes Nall, MD Michael Papper, MD Jacqueline Royce, DO

John Shelton, MD Andrea Spellman, DO Paul Toomey, MD Dana Weinkle, MD Anna Widmyer, MD Harry Wright, MD



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OPIOIDS HAVE SIDE **EFFECTS**

Because prescription opioids have a number of serious side effects, it is important for you to ask questions and learn more about the benefits and risks of opioids.

Before deciding with your healthcare practitioner about how to treat your pain, you should consider options so that your treatment provides the greatest benefit with the lowest risk.

INSURANCE COVERAGE

Depending on your insurance coverage, some of these options may not be covered, resulting in substantial out-of-pocket costs. Check with your insurance carrier.



As alternatives to opioids, there are several other treatments provided by licensed healthcare providers such as topical treatments and medications.

ALTERNATIVES FOR THE TREATMENT OF PAIN

Here is some very useful information on nonopioid alternatives for the treatment of your pain. It is a guide to working with your healthcare practitioner to manage pain.

Prescription opioids are sometimes used to treat moderate-to-severe pain. Because prescription opioids have a number of serious side effects, it is important for you to ask questions and learn more about the benefits and risks of opioids. Make sure you're getting care that is safe, effective, and right for you.

This information is about nonopioid alternative treatments to manage pain. You and your healthcare practitioner can develop a course of treatment that uses multiple methods and modalities, including prescription medications such as opioids, and discuss the advantages and disadvantages of each approach.

Pain management requires attention to biological, psychological, and environmental factors. Before deciding with your healthcare practitioner about how to treat your pain, you should consider options so that your treatment provides the greatest benefit with the lowest risk.

Cold and Heat. Cold can be useful soon after an injury to relieve pain, decrease inflammation and muscle spasms, and help speed recovery. Heat raises your pain threshold and relaxes muscles.

Exercise. Staying physically active, despite some pain, can play a helpful role for people with some of the more common pain conditions, including low back pain, arthritis, and fibromyalgia.

Weight Loss. Many painful health conditions are worsened by excess weight. It makes sense, then, that losing weight can help to relieve some kinds of pain.

Diet and Nutrition. Chronic pain may be the result of chronic inflammation. Some foods can increase inflammation and contribute to pain levels. Reducing or eliminating foods that increase inflammation may provide pain relief.

Yoga and Tai Chi. These mind-body and exercise practices incorporate breath control, meditation, and movements to stretch and strengthen muscles. They may help with chronic pain conditions such as fibromyalgia, low back pain, arthritis, or headaches.

Transcutaneous Electrical Nerve Stimulation (TENS). This technique employs a very mild electrical current to block pain signals going from the body to the brain.

Over-The-Counter Medications. Pain relievers that you can buy without a prescription, such as acetaminophen (Tylenol) or nonsteroidal anti-inflammatory drugs (NSAIDs) like aspirin, ibuprofen (Advil, Motrin), and naproxen (Aleve, Naprosyn) can help to relieve mild to moderate pain.

TREATMENTS PROVIDED BY LICENSED HEALTHCARE PROVIDERS

Physical Therapy (PT) and Occupational Therapy (OT). PT helps to increase flexibility and range of motion which can provide pain relief. PT can also restore or maintain your ability to move and walk. OT helps improve your ability to perform activities of daily living, such as dressing, bathing, and eating.

Massage Therapy. Therapeutic massage may relieve pain by relaxing painful muscles, tendons, and joints; relieving stress and anxiety; and possibly impeding pain messages to and from the brain.

Acupuncture. Acupuncture is based on traditional Chinese medical concepts and modern medical techniques and provides pain relief with no side-effects by stimulating the body's pain-relieving endorphins. Techniques may include inserting extremely fine needles into the skin at specific points on the body.

Chiropractic care. Chiropractic physicians treat and rehabilitate pain, diseases and conditions using manual, mechanical, electrical, natural methods, physical therapy, nutrition and acupuncture. Chiropractors practice a hands-on, prescription drug-free approach to health care that includes patient examination, diagnosis and treatment.

Osteopathic Manipulative Treatment (OMT). Osteopathic physicians (DO) are educated, trained, and licensed physicians, but also receive additional training in OMT. OMT is a set of hands-on techniques used by osteopathic physicians to diagnose, treat, and prevent illness or injury. OMT is often used to treat pain but can also be used to promote healing, increase overall mobility, and treat other health problems.

Behavioral interventions. Mental health professionals can offer many avenues for pain relief and management. For example, they can help you reframe negative thinking patterns about your pain that may be interfering with your ability to function well in life, work, and relationships. Behavioral interventions can allow you to better manage your pain by changing behavior patterns.

Topical treatments and medications. Topical Agents, including Anesthetics, NSAIDs, Muscle Relaxers, and Neuropathic Agents, can be applied directly to the affected areas to provide needed pain relief and typically have a minimal risk of side-effects due to low absorption of the medication into the blood stream. Compounded topicals prepared by a pharmacist can be customized to the patient's specific needs.

Interventional pain management. "Interventional" procedures might include an injection of an anesthetic medicine or steroid around nerves, tendons, joints or muscles; spinal cord stimulation; insertion of a drug delivery system; or a procedure to stop a nerve from working for a long period of time.

Non-opioid anesthesia. Non-opioid anesthesia refers to the anesthetic technique of using medications to provide anesthesia and post-operative pain relief in a way that does not require opioids. Anesthesiologists can replace opioids with other medications selected for their ability to block surgical and post-surgical pain. By replacing opioids and incorporating the variety of anesthetic and analgesic medications that block the process of pain, anesthesia providers can provide a safer anesthetic that avoids the adverse effects of opioids.

Discuss these alternatives with your healthcare practitioner and talk about the advantages and disadvantages of the specific options being considered. Different approaches work better on different types of pain. Some treatments for pain can have undesirable side effects while others may provide benefits beyond pain relief. Depending on your insurance coverage, some options may not be covered, resulting in substantial out-of-pocket costs. Other options may require a significant time commitment due to the number of treatments or the time required for the treatment. Good communication between you and your healthcare practitioner is essential in building the best pain management plan for you.

HELPFUL WEBSITE LINKS

When you are selecting a healthcare practitioner, you can verify their license and find out more information at:

appsmqa.doh.state.fl.us/MQASearchServices/Home

National Institutes of Health:

nccih.nih.gov/health/pain/chronic.htm

Centers for Disease Control and Prevention: cdc.gov/drugoverdose/pdf/nonopioid_treatments-a.pdf





ALTERNATIVE PAIN TREATMENTS

Physical therapy, occupational therapy, massage therapy, acupuncture, chiropractic care, osteopathic manipulative treatment, behavioral interventions, interventional pain management and non-opioid anesthesia are alternatives to opioids.

Discuss these with your healthcare practitioner and talk about the advantages and disadvantages of the specific options being considered, Different approaches work better on different types of pain.



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BETTER COMMUNICATION **BETWEEN THE** PATIENT AND THE HEALTH CARE PROVIDER IS **ALWAYS A PRIORITY**

Section 381.026, Florida Statutes, addresses the Patient's Bill of Rights and Responsibilities. You may link to these statutes at our web site .ManateeSurgicalCenter.com. Here is a summary of your rights and responsibilities.

PATIENT'S RIGHTS AND RESPONSIBILITIES

Better communication between the patient and the health care provider is always a priority to the Manatee Surgical Center team. Section 381.026, Florida Statutes, addresses the Patient's Bill of Rights and Responsibilities. You may link to these statutes at our web site ManateeSurgicalCenter.com. Below is a summary of your rights and responsibilities.

A PATIENT HAS THE RIGHT TO:

- Be treated with courtesy and respect, with appreciation of his or her dignity, and with protection of privacy.
- Receive a prompt and reasonable response to questions and requests.
- Know who is providing medical services and who is responsible for his or her care.
- Know what patient support services are available, including if an interpreter is available if the patient does not speak English.
- Know what rules and regulations apply to his or her conduct.
- Be given by the health care provider information such as diagnosis, planned course of treatment, alternatives, risks, and prognosis.
- Refuse any treatment, except as otherwise provided by law.
- Be given full information and necessary counseling on the availability of known financial resources for care.
- Know whether the health care provider or facility accepts the Medicare assignment rate, if the patient is covered by Medicare.
- Receive prior to treatment, a reasonable estimate of charges for medical care.
- Receive a copy of an understandable itemized bill and, if requested, to have the charges explained.
- Receive medical treatment or accommodations, regardless of race, national origin, religion, handicap, or source of payment.
- Receive treatment for any emergency medical condition that will deteriorate from failure to provide treatment.
- Know if medical treatment is for purposes of experimental research and to give his or her consent or refusal to participate in such research.
- Express complaints regarding any violation of his or her rights.

FLORIDA STATUTES SECTION 381.026

Visit our web site at ManateeSurgicalCenter.com to get a link to a copy of the full text of this law.

A PATIENT IS RESPONSIBLE FOR:

- Giving the health care provider accurate information about present complaints, past illnesses, hospitalizations, medications, and any other information about his or her health.
- Reporting unexpected changes in his or her condition to the health care provider.
- Reporting to the health care provider whether he or she understands a planned course of action and what is expected of him or her.
- Following the treatment plan recommended by the health care provider.
- Keeping appointments and, when unable to do so, notifying the health care provider or facility.
- His or her actions if treatment is refused or if the patient does not follow the health care provider's instructions.
- Making sure financial responsibilities are carried out.
- Following health care facility conduct rules and regulations.

HIPAA

More detailed information about Protected Health Information (PHI) is in a separate brochure that all patients receive titled, "Protecting Your Health Information" which complies with the Health Insurance Portability and Accountability Act of 1996 (HIPAA).

FILING A COMPLAINT

- If you have a complaint against a hospital or ambulatory surgical center, call the Consumer Assistance Unit Health facility complaint hot line at 1.850.487.3183 or 1.888.419.3456 or write to the Agency for Health Care Administration, Consumer Assistance Unit, 2727 Mahan Drive, Tallahassee, FL 32310.
- If you have a complaint against a physician, call the Medical Quality Assurance, Consumer Services office at 1.850.414.7209 or write to Agency for Health Care Administration, Medical Quality Assurance Consumer Services, 2727 Mahan Drive, Tallahassee, FL 32310. Call toll free at 1.888.419.3456 to check the status of complaints.
- All Medicare beneficiaries may file a complaint or grievance, on the quality of care or other services provided from a Medicare provider at www.Medicare.gov/claims-appeals

The Medicare Beneficiary Ombudsman (MBO) helps you with Medicare-related complaints, grievances and information requests. The MBO makes sure you have information related to your Medicare rights and protections and how you can get your concerns resolved at: www.cms.gov/Center/Special-Topic/Ombudsman/Medicare-Beneficiary-Ombudsman-Home

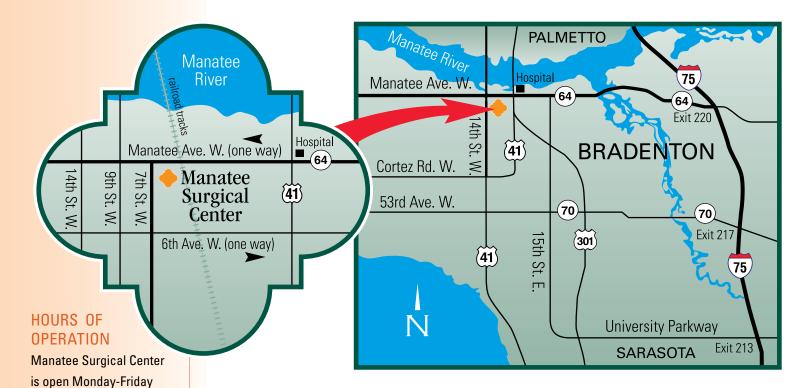


All patients have a right to be treated with courtesy and respect, with appreciation of their dignity, and with protection of privacy.



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IN CASE OF AN EMERGENCY

6 a.m. to 5 p.m.

Should an emergency arise after you have been discharged, you should contact your physician, go to the nearest hospital emergency department, or call 911.



Manatee Surgical Center
has earned the
Joint Commission's
Gold Seal of Approval™

HOW TO FIND US:

We are located in downtown Bradenton on State Road 64 (Manatee Avenue West) and 7th Street West.

From Interstate 75: Take Exit 220 west (State Road 64) which becomes Manatee Avenue. Once you cross the US 41/301 intersection, move to the left lane. Cross the railroad tracks and then take the first left (7th Street West).

From the Beaches: Take State Road 64 (Manatee Avenue) going east. Turn LEFT at 7th Street West.

PRE-OP APPOINTMENT		
SURGERY APPOINTMENT		

6-24 BG



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