



Welcome

A New Era Has Evolved for Ambulatory Care

We are Manatee County's largest multi specialty freestanding ambulatory surgery center. Our team at Manatee Surgical Center works hard to ensure that you feel at ease while you are with us. We will work closely with you to make this as pleasant an experience as possible.



Manatee
Surgical Center

941 745-2727

601 MANATEE AVENUE WEST
BRADENTON, FLORIDA 34205
FAX 941 745-2112

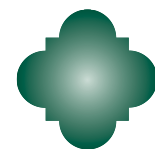
IMPORTANT NOTICE

To All Patients Receiving Sedation

If you are receiving sedation or general anesthesia with your procedure:

- **Your procedure will be canceled** if you fail to have a responsible driver to take you home.
- If you have a general anesthetic, **you are required to have someone stay with you** through the first night.
- **If you received general anesthesia and fail to have a driver to take you home AND someone to stay with you overnight, you will be transferred to the hospital by ambulance.**
- This admission to the hospital is NOT covered by insurance and you will be fully responsible for payment of the bill.

*We care
about your
safety!*



Manatee
Surgical Center

941 745-2727

601 MANATEE AVENUE WEST
BRADENTON, FLORIDA 34205
FAX 941 745-2112

Welcome

WELCOME TO MANATEE SURGICAL CENTER

Thank you for choosing Manatee Surgical Center for your procedure. Our expert team will work hard to ensure that you feel at ease and comfortable while you are with us.

Our goal is to provide you with the best, most effective care so that you can return to your normal activities as quickly as possible. If you have any questions or concerns while you are in our care, we encourage you to ask any member of our team. We will be happy to answer your questions or to assist you.

The information contained in this booklet applies to all patients who are here for surgery, endoscopy, or pain relief procedures. We hope that it is helpful in preparing you for your procedure or treatment. If you have specific questions that are not answered here, please ask your physician, or call the preoperative (Pre-Op) nurse at 941 745-2727.

CONVENIENT PRE-REGISTRATION

Please visit the surgical center one week before your procedure between 9 a.m. and 4:30 p.m. to pre-register. Bring your insurance card and a photo identification card such as your driver's license.

PREPARATION FOR YOUR PROCEDURE

Do not eat or drink anything after midnight before your procedure, unless you have been given special instructions by your physician or our Pre-Op nurse.

This is extremely important. You could have serious complications if your stomach is not empty during surgery. Please ask your physician or call the Pre-Op nurse at Manatee Surgical Center if you have questions about eating and drinking before your procedure.

Children are scheduled as early in the day as possible. If your child is having surgery, please be sure that he or she does not eat or drink anything after midnight. If your child is an infant, our anesthesiologist may have additional instructions for you.

If you or your child are taking medication for heart problems, high blood pressure, or diabetes, our Pre-Op nurse will contact you to discuss proper instructions about taking the medication on the day of surgery.

If you develop any changes in your health between the Pre-Op visit to your physician and the day of the procedure, notify your physician. Please report even minor changes such as an elevated temperature, cough, or cold. If you suspect that you are pregnant, please notify your physician.

Parents: it's a good idea to bring a change of clothing for your child, and have, if possible, another adult to assist in accompanying your child home.

SECURE A DRIVER BEFORE YOUR SURGERY

IMPORTANT: For your own safety and protection, you will not be allowed to drive a motor vehicle immediately following your procedure. Please make arrangements to have someone bring you to and escort you home from the surgical center. Verification of the driver will be made prior to any procedure requiring sedation. **Your surgery will be cancelled if you fail to have a responsible driver to take you home.**



CONTACT BY OUR NURSE BEFORE YOUR PROCEDURE

If our nurse has not contacted you by **4 p.m.** the weekday before surgery, please call 941 745-2727.



PHOTO ID AND INSURANCE CARD

Bring your insurance card and a photo identification card such as a driver's license with you the day of your procedure.



EATING BEFORE YOUR PROCEDURE

Unless you receive other instructions from your physician or the Pre-Op nurse, do not eat or drink anything after midnight before your procedure.



ANOTHER DRIVER IS NECESSARY

Your surgery will be cancelled if you fail to have a responsible driver to take you home.

CONTACTING YOUR PHYSICIAN

If you have questions after your procedure, please contact your physician through his or her office.



IN CASE OF EMERGENCY

If you have an emergency, please contact the nearest hospital emergency department or call 911 for assistance.

Day of...

DAY OF YOUR PROCEDURE

Bathe or shower and brush your teeth the morning of your surgery. Do not swallow any water. Contact lenses should be removed. Do not use perfumes, colognes, or body lotions.

Wear warm, loose fitting comfortable clothes. Shirts with front buttons or zippers are best. Wear socks to keep your feet warm and sensible shoes to allow safe walking.

Leave valuables at home. There is no safe storage area for these items. Remove all jewelry and body piercing studs before leaving for the center. If your tongue is pierced, remove the stud. In case of an emergency, the stud can be an obstruction for placing lifesaving breathing instruments.

Limit the number of people accompanying you. To maximize the comfort of everyone waiting, we request that only one person come with you.

If you have not pre-registered at the surgical center, be sure to bring your insurance card and a photo identification card such as a driver's license with you the day of your procedure.

Female patients: be prepared to give a urine sample. All female patients who have menstrual periods, regardless of age, will have a urine pregnancy test done prior to beginning any procedure.

It is normal to feel anxious or a little nervous before your procedure.

In the Pre-Op area you will be asked the name of your physician and to state what procedure you are to have. This is done to help ensure that you have been properly informed. If you are unclear about your procedure, this is the time to ask questions. We will be happy to ask your physician to speak to you.

Before anything else is done a member of our Pre-Op team will ask you to sign two consent forms. One gives the Manatee Surgical Center your permission to perform the procedure and the other is to allow the anesthesia team to care for you during the procedure.

AFTER YOUR PROCEDURE

Following your procedure, you will be moved to our fully equipped recovery area. There, you will be closely monitored by our anesthesia and nursing team. The length of stay varies, and many patients are discharged within 30 minutes after their procedure.

We will bring one designated family member to the PACU (recovery room) when the patient is stable. If our nurse is to contact the family member, he or she should remain in the waiting room or on the outdoor benches, NOT in a vehicle in the parking lot.

Back home

AFTER YOU RETURN HOME

Your recovery room nurse will provide you with post-procedure instructions regarding diet, rest, and medication. Plan to have someone stay with you for at least 12 hours following your procedure, and pamper yourself during this time.

Since it is normal to feel drowsy after receiving anesthetic medication, we also recommend that you postpone the following activities for 24 hours after your procedure:

- Driving and operating equipment
- Signing important papers or making significant decisions
- Drinking alcoholic beverages



Advice

SOME HELPFUL SUGGESTIONS

If your physician has given you a prescription, have it filled before your procedure. Then, after you return home, you will have the medication available when you need it.

It is not unusual to forget small details, so write down any questions you may have and bring them with you. We will be happy to provide you with appropriate information.

It is important to have someone stay with you for the first 12 hours after you return home. Rest and pamper yourself during this time.

NOTES

FOR 24 HOURS

No driving or operating equipment

No signing important papers or making significant decisions

No drinking alcoholic beverages

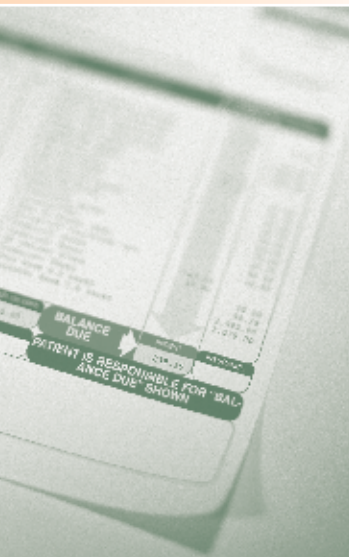


Have your prescriptions filled before your procedure so when you return home, you will have the medication available when you need it.



WE'RE HERE TO HELP

Our business office team will be glad to assist you in filing the necessary insurance claims.



You have a right to receive prior to treatment, a reasonable estimate of charges for medical care.

Finances

FINANCIAL ARRANGEMENTS

Our business office team will be glad to submit the claim to your insurance company or Medicare for Manatee Surgical Center charges. Standard outpatient procedures are usually covered by your medical insurance or Medicare. You will receive separate bills from the Manatee Surgical Center, your physician, and your anesthesiologist. You may also receive a bill for any laboratory, pathology, or diagnostic services that you receive.

Depending on your coverage, you may be asked for partial payment upon admission to the Center. We make every effort to inform you of this amount prior to your admission. When you arrive for surgery, you should be prepared to pay all co-payments and your deductible if it has not been met.

For your convenience, we accept MasterCard, VISA, American Express, and Discover credit cards. We also accept cash, cashier's checks and money orders.

CareCredit is also accepted on the day of your procedure for Manatee Surgical Center charges greater than \$200 only; it cannot be used for anesthesia charges. CareCredit must be paid in person, however, the person's name on the card must be present when making the payment. Proper identification will be requested. **We no longer accept personal checks at the time of registration.**

If we need additional insurance information, or if you need to make a payment at the time of your surgery, one of our business office team members will contact you prior to your procedure. He or she will collect necessary insurance information to assist with your registration process.

If you have not heard from us within 48 hours before your procedure, or if you have any questions regarding any of this information, please call us at 941 745-2727.

ADVANCE DIRECTIVES

Manatee Surgical Center will, to the maximum extent practicable, honor a patient's advance directives. In the unlikely event that a patient's condition deteriorates while at Manatee Surgical Center, resuscitation of the patient will be attempted, with subsequent transfer to Manatee Memorial Hospital where the patient's advance directives will be honored.

If the patient refuses to accept this limitation, he or she can be referred to a facility that will honor his or her advance directives.

NOTES

Physicians

PHYSICIANS BY SPECIALTY

Anesthesiology

Dwyanne Brown, MD
Kurt Slotabec, MD

Dentistry:

Cosmetic/Periodontology

Christie Eastman-Craighead, DMD
Lindsay Eastman, DDS
Douglas Jungman, DDS
Allison O'Brien, DMD

Dentistry: General

Karl Lewis, DMD

Dentistry: Oral Surgery

David Christian, DDS
Charles A. Tomeo, DDS
Charles C. Tomeo, DDS

Dentistry: Pediatric

Catalina Botero, DDS
LoanAnh Bui, DDS
Mana Evans, DDS
Mounika Falemban, DDS
Debbie Grant, DMD

Andre Lewis, DDS
George Meadows, DDS
Bryan Morgan, DDS
Dorothy Theogene, DDS

Facial Plastic Surgery

Sumeet Bhanot, MD
Andrea Spellman, DO
Harry Wright, MD

Gastroenterology

Kimberly Brizell, DO
Michael Caire, MD
Mark Dawson, MD
Mark Kocab, MD
Michael Papper, MD

General Surgery

Alvaro Bada, MD
Riva Das, MD
Paul Toomey, MD

Gynecology

Carla Chapman, MD

Ophthalmology

Andrew Hou, MD
William McSwain, MD
Daniel Pope, MD
Dana Weinkle, MD

Otolaryngology

Michael Gurucharri, MD
Brian Hoban, MD
Axay Kalathia, MD
Benjamin Kelley, DO
Thomas Morrish, MD
Agnes Nall, MD
John Shelton, MD

Plastic Surgery

Robin Hamlin, MD
Brandon Lambiris MD
Jacqueline Royce, DO
Anna Widmyer, MD

Podiatry

Lisa Griffith-Limon, DPM
Marjory Jones, DPM

Vascular General Surgery

Jenna Kazil, MD



ANY QUESTIONS?

If you have any questions regarding your procedure or any of the information in this booklet, please call your physician or Manatee Surgical Center's Pre-Op nurse at 941 745-2727.

NOTICE OF PHYSICIAN FINANCIAL INTEREST

Manatee Surgical Center is owned by the following physicians.

Kimberly Brizell, DO
Michael Caire, MD
Mark Dawson, MD
Michael Gurucharri, MD
Brian Hoban, MD
Axay Kalathia, MD
Benjamin Kelley, DO
Mark Kocab, MD

William McSwain, MD
Thomas Morrish, MD
Agnes Nall, MD
Michael Papper, MD
Jacqueline Royce, DO
John Shelton, MD

Andrea Spellman, DO
Paul Toomey, MD
Dana Weinkle, MD
Anna Widmyer, MD
Harry Wright, MD



OPIOIDS HAVE SIDE EFFECTS

Because prescription opioids have a number of serious side effects, it is important for you to ask questions and learn more about the benefits and risks of opioids.

Before deciding with your healthcare practitioner about how to treat your pain, you should consider options so that your treatment provides the greatest benefit with the lowest risk.

INSURANCE COVERAGE

Depending on your insurance coverage, some of these options may not be covered, resulting in substantial out-of-pocket costs. Check with your insurance carrier.



As alternatives to opioids, there are several other treatments provided by licensed healthcare providers such as topical treatments and medications.

Pain Relief

ALTERNATIVES FOR THE TREATMENT OF PAIN

Here is some very useful information on nonopioid alternatives for the treatment of your pain. It is a guide to working with your healthcare practitioner to manage pain.

Prescription opioids are sometimes used to treat moderate-to-severe pain. Because prescription opioids have a number of serious side effects, it is important for you to ask questions and learn more about the benefits and risks of opioids. Make sure you're getting care that is safe, effective, and right for you.

This information is about nonopioid alternative treatments to manage pain. You and your healthcare practitioner can develop a course of treatment that uses multiple methods and modalities, including prescription medications such as opioids, and discuss the advantages and disadvantages of each approach.

Pain management requires attention to biological, psychological, and environmental factors. Before deciding with your healthcare practitioner about how to treat your pain, you should consider options so that your treatment provides the greatest benefit with the lowest risk.

Cold and Heat. Cold can be useful soon after an injury to relieve pain, decrease inflammation and muscle spasms, and help speed recovery. Heat raises your pain threshold and relaxes muscles.

Exercise. Staying physically active, despite some pain, can play a helpful role for people with some of the more common pain conditions, including low back pain, arthritis, and fibromyalgia.

Weight Loss. Many painful health conditions are worsened by excess weight. It makes sense, then, that losing weight can help to relieve some kinds of pain.

Diet and Nutrition. Chronic pain may be the result of chronic inflammation. Some foods can increase inflammation and contribute to pain levels. Reducing or eliminating foods that increase inflammation may provide pain relief.

Yoga and Tai Chi. These mind-body and exercise practices incorporate breath control, meditation, and movements to stretch and strengthen muscles. They may help with chronic pain conditions such as fibromyalgia, low back pain, arthritis, or headaches.

Transcutaneous Electrical Nerve Stimulation (TENS). This technique employs a very mild electrical current to block pain signals going from the body to the brain.

Over-The-Counter Medications. Pain relievers that you can buy without a prescription, such as acetaminophen (Tylenol) or nonsteroidal anti-inflammatory drugs (NSAIDs) like aspirin, ibuprofen (Advil, Motrin), and naproxen (Aleve, Naprosyn) can help to relieve mild to moderate pain.

TREATMENTS PROVIDED BY LICENSED HEALTHCARE PROVIDERS

Physical Therapy (PT) and Occupational Therapy (OT). PT helps to increase flexibility and range of motion which can provide pain relief. PT can also restore or maintain your ability to move and walk. OT helps improve your ability to perform activities of daily living, such as dressing, bathing, and eating.

Massage Therapy. Therapeutic massage may relieve pain by relaxing painful muscles, tendons, and joints; relieving stress and anxiety; and possibly impeding pain messages to and from the brain.

Acupuncture. Acupuncture is based on traditional Chinese medical concepts and modern medical techniques and provides pain relief with no side-effects by stimulating the body's pain-relieving endorphins. Techniques may include inserting extremely fine needles into the skin at specific points on the body.

Chiropractic care. Chiropractic physicians treat and rehabilitate pain, diseases and conditions using manual, mechanical, electrical, natural methods, physical therapy, nutrition and acupuncture. Chiropractors practice a hands-on, prescription drug-free approach to health care that includes patient examination, diagnosis and treatment.

Osteopathic Manipulative Treatment (OMT). Osteopathic physicians (DO) are educated, trained, and licensed physicians, but also receive additional training in OMT. OMT is a set of hands-on techniques used by osteopathic physicians to diagnose, treat, and prevent illness or injury. OMT is often used to treat pain but can also be used to promote healing, increase overall mobility, and treat other health problems.

Behavioral interventions. Mental health professionals can offer many avenues for pain relief and management. For example, they can help you reframe negative thinking patterns about your pain that may be interfering with your ability to function well in life, work, and relationships. Behavioral interventions can allow you to better manage your pain by changing behavior patterns.

Topical treatments and medications. Topical Agents, including Anesthetics, NSAIDs, Muscle Relaxers, and Neuropathic Agents, can be applied directly to the affected areas to provide needed pain relief and typically have a minimal risk of side-effects due to low absorption of the medication into the blood stream. Compounded topicals prepared by a pharmacist can be customized to the patient's specific needs.

Interventional pain management. "Interventional" procedures might include an injection of an anesthetic medicine or steroid around nerves, tendons, joints or muscles; spinal cord stimulation; insertion of a drug delivery system; or a procedure to stop a nerve from working for a long period of time.

Non-opioid anesthesia. Non-opioid anesthesia refers to the anesthetic technique of using medications to provide anesthesia and post-operative pain relief in a way that does not require opioids. Anesthesiologists can replace opioids with other medications selected for their ability to block surgical and post-surgical pain. By replacing opioids and incorporating the variety of anesthetic and analgesic medications that block the process of pain, anesthesia providers can provide a safer anesthetic that avoids the adverse effects of opioids.

Discuss these alternatives with your healthcare practitioner and talk about the advantages and disadvantages of the specific options being considered. Different approaches work better on different types of pain. Some treatments for pain can have undesirable side effects while others may provide benefits beyond pain relief. Depending on your insurance coverage, some options may not be covered, resulting in substantial out-of-pocket costs. Other options may require a significant time commitment due to the number of treatments or the time required for the treatment. Good communication between you and your healthcare practitioner is essential in building the best pain management plan for you.

HELPFUL WEBSITE LINKS

When you are selecting a healthcare practitioner, you can verify their license and find out more information at:

appsmqa.doh.state.fl.us/MQASearchServices/Home

National Institutes of Health:

nccih.nih.gov/health/pain/chronic.htm

Centers for Disease Control and Prevention:

cdc.gov/drugoverdose/pdf/nonopioid_treatments-a.pdf



ALTERNATIVE PAIN TREATMENTS

Physical therapy, occupational therapy, massage therapy, acupuncture, chiropractic care, osteopathic manipulative treatment, behavioral interventions, interventional pain management and non-opioid anesthesia are alternatives to opioids.

Discuss these with your healthcare practitioner and talk about the advantages and disadvantages of the specific options being considered. Different approaches work better on different types of pain.



Our colorful pediatric recovery room is equipped just for our little ones and decorated and furnished for the comfort of children and their parents.



IT'S THE LAW

Florida law requires that your health care provider or health care facility recognize your rights while you are receiving medical care. It also requires that you respect the health care provider's or facility's right to expect certain behavior on the part of patients.

Your Rights

PATIENT'S RIGHTS AND RESPONSIBILITIES

Better communication between the patient and the health care provider is always a priority to the Manatee Surgical Center team. Section 381.026, Florida Statutes, addresses the Patient's Bill of Rights and Responsibilities. You may link to these statutes at our web site www.ManateeSurgicalCenter.com. Below is a summary of your rights and responsibilities.

A PATIENT HAS THE RIGHT TO:

- Be treated with courtesy and respect, with appreciation of his or her dignity, and with protection of privacy.
- Receive a prompt and reasonable response to questions and requests.
- Know who is providing medical services and who is responsible for his or her care.
- Know what patient support services are available, including if an interpreter is available if the patient does not speak English.
- Know what rules and regulations apply to his or her conduct.
- Be given by the health care provider information such as diagnosis, planned course of treatment, alternatives, risks, and prognosis.
- Refuse any treatment, except as otherwise provided by law.
- Be given full information and necessary counseling on the availability of known financial resources for care.
- Know whether the health care provider or facility accepts the Medicare assignment rate, if the patient is covered by Medicare.
- Receive prior to treatment, a reasonable estimate of charges for medical care.
- Receive a copy of an understandable itemized bill and, if requested, to have the charges explained.
- Receive medical treatment or accommodations, regardless of race, national origin, religion, handicap, or source of payment.
- Receive treatment for any emergency medical condition that will deteriorate from failure to provide treatment.
- Know if medical treatment is for purposes of experimental research and to give his or her consent or refusal to participate in such research.
- Express complaints regarding any violation of his or her rights.

FLORIDA STATUTES SECTION 381.026

Visit our web site at ManateeSurgicalCenter.com to get a link to a copy of the full text of this law.

A PATIENT IS RESPONSIBLE FOR:

- Giving the health care provider accurate information about present complaints, past illnesses, hospitalizations, medications, and any other information about his or her health.
- Reporting unexpected changes in his or her condition to the health care provider.
- Reporting to the health care provider whether he or she understands a planned course of action and what is expected of him or her.
- Following the treatment plan recommended by the health care provider.
- Keeping appointments and, when unable to do so, notifying the health care provider or facility.
- His or her actions if treatment is refused or if the patient does not follow the health care provider's instructions.
- Making sure financial responsibilities are carried out.
- Following health care facility conduct rules and regulations.

HIPAA

More detailed information about Protected Health Information (PHI) is in a separate brochure that all patients receive titled, "Protecting Your Health Information" which complies with the Health Insurance Portability and Accountability Act of 1996 (HIPAA).

FILING A COMPLAINT

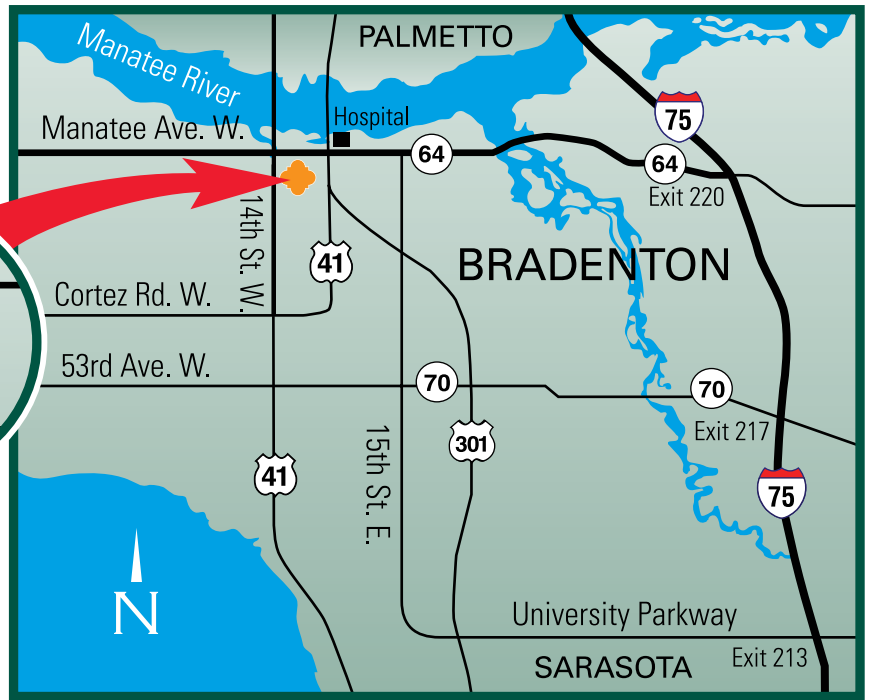
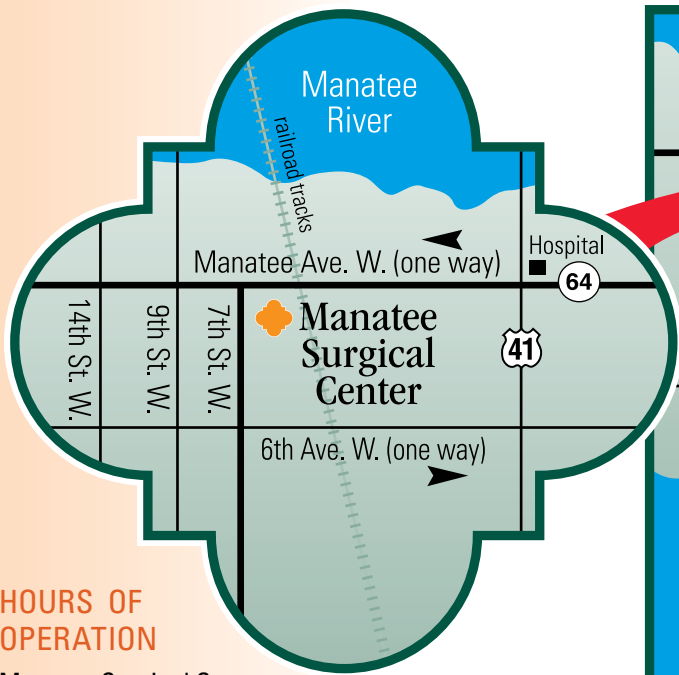
- **If you have a complaint against a hospital or ambulatory surgical center**, call the Consumer Assistance Unit Health facility complaint hot line at 1.850.487.3183 or 1.888.419.3456 or write to the Agency for Health Care Administration, Consumer Assistance Unit, 2727 Mahan Drive, Tallahassee, FL 32310.
- **If you have a complaint against a physician**, call the Medical Quality Assurance, Consumer Services office at 1.850.414.7209 or write to Agency for Health Care Administration, Medical Quality Assurance Consumer Services, 2727 Mahan Drive, Tallahassee, FL 32310. Call toll free at 1.888.419.3456 to check the status of complaints.
- **All Medicare beneficiaries may file a complaint** or grievance, on the quality of care or other services provided from a Medicare provider at www.Medicare.gov/claims-appeals

The Medicare Beneficiary Ombudsman (MBO) helps you with Medicare-related complaints, grievances and information requests. The MBO makes sure you have information related to your Medicare rights and protections and how you can get your concerns resolved at:

www.cms.gov/Center/Special-Topic/Ombudsman/Medicare-Beneficiary-Ombudsman-Home



All patients have a right to be treated with courtesy and respect, with appreciation of their dignity, and with protection of privacy.



HOURS OF OPERATION

Manatee Surgical Center is open Monday-Friday 6 a.m. to 5 p.m.

IN CASE OF AN EMERGENCY

Should an emergency arise after you have been discharged, you should contact your physician, go to the nearest hospital emergency department, or call 911.



Manatee Surgical Center has earned the Joint Commission's Gold Seal of Approval™

HOW TO FIND US:

We are located in downtown Bradenton on State Road 64 (Manatee Avenue West) and 7th Street West.

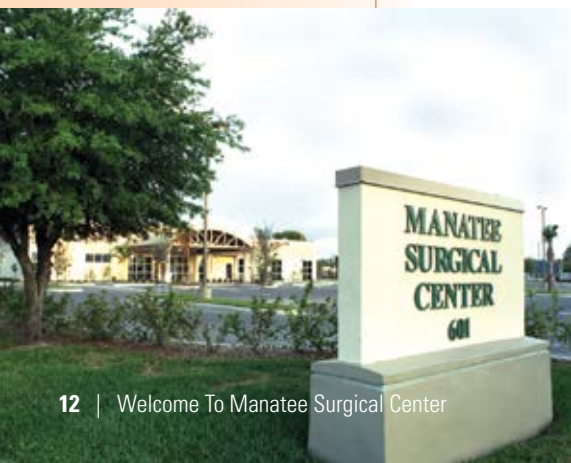
From Interstate 75: Take Exit 220 west (State Road 64) which becomes Manatee Avenue. Once you cross the US 41/301 intersection, move to the left lane. Cross the railroad tracks and then take the first left (7th Street West).

From the Beaches: Take State Road 64 (Manatee Avenue) going east. Turn LEFT at 7th Street West.

PRE-OP APPOINTMENT _____

SURGERY APPOINTMENT _____

6-24bg



941 745-2727

601 MANATEE AVENUE WEST
BRADENTON, FLORIDA 34205
FAX 941 745-2112

